

INTRODUCTION TO FORT BELVOIR, VIRGINIA

This booklet is designed to tell you about Fort Belvoir and is divided into four parts:

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PART ONE

SOLDIER & FAMILY SUPPORT DIVISION (SFSD)

ARMY COMMUNITY SERVICE (ACS)

The mission of Army Community Service Center is to facilitate Commander's ability to provide comprehensive, coordinated and responsive services, which support readiness of soldiers, civilian employees and their families.

These services include free educational and prevention programs for all personnel within the Fort Belvoir community.

ACS is located in Bldg.1001 on Belvoir road. The office is open from 0730-1630, Monday through Friday. Telephone numbers are (703) 805-3413 or DSN 655-3413. For on post mail, the stop number is 5561 and the mailing address is:

Soldier & Family Support Center(S&FSC)
9655 Belvoir Road
Fort Belvoir, VA 22060-5561
e-mail: fb-dpca-sfsc@belvoir.army.mil
ACS Link: www.trol.redstone.army.mil/acslink

The Fort Belvoir SFSC offers services to eligible recipients. The services consist of the following programs:

INFORMATION, REFERRAL AND FOLLOW-UP (I,R&F/U)

SFSC maintains an integrated resource file of sources of service to which personnel may be referred. Referral procedures are used when it is not possible to provide immediate direct assistance. Follow-up procedures are provided to ensure that needs have been met. For more information, call 805-3413.

ARMY EMERGENCY RELIEF (AER)

AER is a private nonprofit organization that provides emergency financial assistance to military personnel (active and retired) and their families in times of distress. AER exists primarily for "helping the Army take care of its own." Examples for which AER funds can be authorized:

Non-receipt of pay and/or allotments (only to prevent privation).

Loss of pay or other personal funds (only for basic needs; copy of police report required).

Emergency medical, dental, and hospital expenses (only when medically required).

Funeral expenses for dependents.

Payment of initial rent or to prevent eviction.

To prevent privation of dependents (food and utilities).

Emergency leave travel funds (emergency must be verified by Red Cross).

How to apply for AER assistance:

Step 1. Completely fill out one copy of DA Form 1103. Include all supporting documents.

Step 2. See your commander for his counseling and recommendation on the form.

Step 3. See budget counselor for budget analysis and recommendations.

Step 4. If the Red Cross cannot assist you, they will send you to AER.

Army Emergency Relief does not provide funds for legal fees, fines, monthly bills, ordinary leave travel, or to cover bad checks. For more information call 805-5056.

SHARE Self Help and Resource Exchange, an AER program, is for everyone. \$15.00 plus 2 volunteer hours earns \$30 to \$35 worth of food. Sign up first 3 working days of the month. Food pick up is on the 3rd Saturday at Family Life center.

SOLDIER AND FAMILY READINESS (FAP)

The Family Advocacy Program (FAP) is a comprehensive program designed to reduce and prevent family violence through treatment, prevention and education, intervention, identification and reporting of family violence.

FAP maintains a resource library featuring videos, books and booklets dealing with a variety of topics on healthy families.

It provides command, troop, and professional and community education.

Specific topics include parenting programs, couples groups, anger management, stress management, spouse and child abuse.

Child Abuse/Neglect: The SFSC staff personnel report and assist in the management of child abuse cases. A listing of "hotline" numbers of child protective services in the Northern Virginia area is maintained.

Spouse Abuse/Neglect: SFSC provides crisis counseling and/or referrals to spouse abuse programs in the Northern Virginia area.

For more information, call 805-3980.

Exceptional Family Member Program (EFMP)

The Exceptional Family Member Program ensures that service members receive the information and assistance needed to support family members with disabilities in specialized programs and to pinpoint areas where resources can meet their needs. SFSC maintains a listing of military and civilian special education and health related services. Families with exceptional members will be informed of their rights and responsibilities under local and federal laws and of the type of community services available to meet their needs. The areas covered are as follows:

EFMP Enrollment	Special Education
Respite Care	IEP Assistance
Child Find	Summer Enrichment Programs
Residential Care	Public and Private Schools
Support Groups	Recreation Programs

For more information call 805-2967.

FINANCIAL READINESS PROGRAM (FRP)

Financial Readiness focuses on improving individuals' personal financial status and their abilities to perform as informed consumers. The program educates individuals on consumer rights and provides specific guidance on consumer complaints. Training classes are provided to further enhance informational resources, e.g., checkbook management, credit management, debt liquidation, basic investment planning, and home buying. Training classes are given to military units or groups upon request. Financial Readiness assists military personnel, DA civilians, and family members in developing money management skills. The Budget Counseling program is designed to help people learn to live within their income and establish priorities.

Budget Counseling encourages them to make attitude and behavioral changes to prevent financial crisis from reoccurring. It also provides guidance and information on personal budgets, debt liquidation, money management, and check writing skills. For more information, call 805-2606.

EMPLOYMENT READINESS PROGRAM (ERP)

Employment Readiness (ERP) welcomes family members, active duty service members, retirees, and DoD civilians in the metropolitan area. ERP seeks to prepare these persons to identify and develop personal marketable

skills, whether or not they intend to enter the job market now. Services available include employment/career counseling, information and referral, job banks, job search workshops, an employment resource library, and outreach programs on request. For more information, call 805-2605.

RELOCATION READINESS PROGRAM (RRP)

Newcomers' Orientation & Welcome

This briefing presents an overview of the organizations, services, and facilities on the installation. It is *held monthly* in the Sosa Community Center from 9:00-11:00 on the *first Monday* unless that falls on a holiday. Then the briefing is held the following Monday. All new incoming military personnel, civilian employees and their family members are invited and highly encouraged to attend. *All new first-term soldiers must attend orientation.* The Garrison Commander and the principal staff members are available to discuss programs and answer questions. A video of Fort Belvoir is shown. Exhibit boards are on display with resource information and program promotional items.

Lending Closet

Port-a-cribs, cots, dishes, flatware, pots, pans, electrical appliances, ironing boards, high chairs, and more are available for loan to PCS personnel for a 15 day period which can be extended for an additional 7 days if needed.

A copy of PCS orders is required. Personnel arriving at Fort Belvoir for a TDY stay may also apply for loan items. Issue will be determined on a case-by-case basis subject to availability of issue items. Call 805-5058.

Baby Car Seat Lending Program

Both the state of Virginia and the District of Columbia have laws requiring that infants riding in vehicles be secured in car seats. SFSC has car seats for loan, on a temporary basis, to newly arriving families. In Virginia a baby is defined as being less than four years of age and/or less than 40 pounds.

Standard Installation Topic Exchange System (SITES)

The Standard Installation Topic Exchange System is a computerized data bank with information on more than 300 US military installations worldwide. The SITES is updated on a regular basis. The following are topics covered: Local Community, Education, Employment, Medical and Dental, Housing, Support Services, Relocation Services, Child and Teen Services, Survival Tips for

First Termers. Printouts can be prepared as part of relocation counseling. For more information, call 805-5058, or visit the web site at www.dmdc.osd.mil/sites.

Fort Belvoir Welcome Packets

Welcome Packets contain valuable resource information and are provided to personnel relocating to the National Capital Region. They are available at S&FSC Relocation Program, Bldg. 1001.

Citizenship Classes

Free eight-week classes are offered in the spring and fall to help multi-cultured individuals understand U.S. history and government in preparation for the American citizenship exam. For more information, call 805-3436.

Spouses' Network

Feeling disconnected? Special emphasis support group is offered for Single Soldier Parents, Waiting Spouses, Foreign Born Spouses, and Exceptional Family Members. To arrange training for individuals or units who need information to navigate through Fort Belvoir community programs and services call 805-3436.

Trip Planner

This is an automated United States Map program which eases the stress of traveling unfamiliar roads. Trip Planner is an access of optional travel route projections, hotels, and refuel points nation wide. The customer has the capability of selecting a desired departure point that best meets the final designation with economics and time of travel. Call the Relocation Office at 805-5058.

VA Department of Veterans' Affairs Representative

On site at the S&FSC, Bldg. 1001 every second and fourth Thursday, from 9:00 am to 3:00 pm. Assistance include: counseling, disability, compensation pension, education and VA home loan classes, help with the completion of paperwork and representation of Veteran's Affairs adjudication. Walk-ins are welcomed. We also have a Veterans of Foreign Wars Of the United States on the 3rd Monday of every month from 0900-1600 he sees clients by appointment only. Please call for additional information at 805-3436/3413.

Operation Ready

This program provides resource materials for educating family support groups, volunteers, military leaders, soldiers, and their family members. Training materials include videos, pamphlets, and workbooks. For more information, call 805-3436.

Sponsorship Program

This program greets and assists service members and civilian employees who have been assigned to a new duty station. The Fort Belvoir Sponsorship Program is the responsibility of each unit commander. SFSC is the primary support agency to coordinate training and services to establish a Train-the-Trainer Program. Sponsors provide new arrivals and their families with a warm welcome, personal contact, reliable information, and an inside look into the community. For more information, call 805-5058.

INSTALLATION VOLUNTEER COORDINATOR (IVC)

It is through the dedication and committed work of volunteers that the Soldier and Family Support Center is a success. **Volunteers are always needed.**

Help us to help others by volunteering at the S&FSC. In return, your service will make a difference in the community, get valuable on the job training in a choice of programs and services. Volunteer experience will be carefully documented, if desired, for your personnel file. Child care is free at the Child Development Center or we will pay your sitter the rate charged by the Child Development Center. Deduct mileage for your transportation on your income tax, or if the job permits, work at home. Below are some example volunteer opportunities:

Administrative	Exceptional Family Member Program
Technical Skills	Family Member Employment Program
Army Family Team Building	Publicity
Visitors' Center	Relocation Services Program
Child and Youth Services	Lending Closet
ACS Volunteer Supervisor	
Front Desk Reception	

The IVC's office is located in Bldg. 1001, Belvoir Road Room 131, The IVC acts as a liaison with all of the volunteer organizations to advise potential volunteers of the current volunteer opportunities. For more information call 805-4152.

CHILD & YOUTH SERVICES (CYS)

Web Address www.belvoirmwr.com/cys

Child and Youth Services provides quality child care programs on Fort Belvoir through two child development centers (CDCs), a Family Child Care (FCC) program, and the Supplemental Programs and Services (SPS) office. Programs are for children 6 through 17 years old. All

CYS programs are developmental, focusing on assisting parents in meeting the physical, emotional, social and intellectual needs of the children. The CYS programs are certified by the Department of Defense. Both North and South Post CDCs are accredited by the National Association for the Education of Young Children (NAEYC). The Child Development Centers are located at Bldg. 1028, 5952 12th Street, South Post, 806-4344, and Bldg. 1745, 5924 Meeres Road, North Post, 806-6540.

The CYS offer full-day, part day, and hourly care.

- a. Full Day Programs - provide care for children 6 weeks through kindergarten age.
- b. Part Day Program - provides care for children in morning or afternoon sessions. This program operates September through May in conjunction with public school schedules.
- c. Hourly Care Program - provides intermittent care for children 6 weeks through 12 years of age. This service is provided at the South Post CDC. Reservations can be made by contacting the CDC at 806-4344 from 0900-1100 hours Monday through Friday.

Family Child Care Program (FCC)

FCC trains, certifies and monitors family members who provide child care in government quarters. FCC homes provide the same care programs as the CDCs plus have additional benefits such as, a homelike atmosphere, the opportunity for siblings to be in care together, and usually offer more flexible hours than the CDCs. The SPS office is located in S&FSC, Bldg 1001, and can be reached at 805-4118.

Supplemental Programs & Services (SPS)

SPS serves as the central referral and enrollment location for all CYS programs on Fort Belvoir and in the neighboring community. When waiting lists for care exist, SPS maintains those lists. SPS also assists unit organizations that need short-term care for meetings or special events, and coordinates volunteers working in CYS programs. The SPS office is located in the S&FSC, Bldg 1001, 9655 Belvoir Road. The SPS office can be reached at 806-4118.

CYS Administrative Offices oversee all child care operations on Fort Belvoir. For additional information call 805-3339.

Child and Youth Services (CYS)

Youth Services is now a part of Child and Youth Services. It is located in Bldg. 1003, 5850 Langfitt Loop, on South Post.

The objective of Youth Services is to promote social, personal, educational, and recreational skills for children 6-18 years of age. Sample activities are a School Age Services Program, a Summer Day Camp and a Teen Modeling Course. Programs and workshops are offered and designed to improve education, develop and maintain skills, build self-esteem, confidence and for enjoyment, e.g., Drug Awareness, Job Interviewing, Assertive Communication for Teens, American Red Cross Baby Sitter's Course, Keystone Club and Cooking Club. A Youth to Youth Sponsorship program is in action where youth help other youth adjust to relocation difficulties. Individual and team sports are a big part of YS activities along with numerous social activities such as dances and trips. Needs assessments are done for the development of new program ideas. Call **805-4515/4610**.

SCHOOLS LIAISON OFFICE (SLO)

The School Liaison Program at Fort Belvoir was created to enhance the education environment for children of parents assigned to Fort Belvoir. The School Liaison Officer works in partnership with local schools to provide caring adults to enhance the education experience for military youth through parent and community involvement. The office is located in Building 1001, Room , Fort Belvoir.

Mailing Address: 9655 Belvoir Road

Fort Belvoir, VA 22060-5937

Phone: (703) 805-2277

e-mail: laury.bitecofer@belvoir.army.mil

FORT BELVOIR COUNSELING CENTER (FBCC)

The Counseling Center, in Bldg. 1826, 8800 Franklin Road, (703) 805-5991, provides help with work, family, or personal problems, including alcohol and substance abuse. Prevention, early identification, and intervention of overwhelming problems are the focus of the center. Problems are assessed; information and education, options, and referrals are given. Confidentiality is protected.

FORT BELVOIR VISITOR CENTER

The Fort Belvoir Visitor Center is located at the Pence Gate entrance to the post. The center is open Monday-Friday during normal duty hours. Visitors needing assistance and guidance to points on post are given maps and directions. **Volunteers are Welcome!** Please call 805-0020 for information.

ARMY FAMILY TEAM BUILDING (AFTB)

A program to help improve overall military readiness by improving personal and family preparedness. This is accomplished through training classes which help people adapt to change and become more self-reliant. The program is divided into three levels:

Level I: (5 years or less) is designed for spouses who are new to the military.

Level II: (5-10 years) is designed for spouses who are involved in the unit and community, but want to learn more for personal growth as well as group dynamics.

Level III (10+ years) is designed for spouses desiring advanced leadership skills.

Some of the courses include military terms, acronyms, customs and courtesies, communication skills, group dynamics, conflict resolution, time and stress management, and more. The great benefit of AFTB program is the trained volunteers who work together in a caring and supportive atmosphere. The training facility is located in Bldg. 1153, 9651 Gunston Rd. For more information, call 805-5556/3436.

ARMY FAMILY ACTION PLAN (AFAP)

Is a grassroots level forum for Soldiers, Civilians, Retirees, Reserves, National Guard, and their families, to identify issues that effect quality of life and propose solutions that build self-reliance. The AFAP process further unites the Belvoir Community and spreads caring to its soldiers, civilians, retirees, and their families as well as keeps all levels of the chain of command informed. The Fort Belvoir's annual day long symposium is held the last Monday in February. Delegates from units on post and installation families represent America's Army Family by identifying, developing, and prioritizing unit/community/installation quality of life issues. The AFAP office is located with AFTB in BLDG. 1155, 9651 Gunston Road. For more information, call 805-5556/805-2908.

PART TWO

GENERAL INFORMATION: FORT BELVOIR

ADJUTANT GENERAL (MILITARY PERSONNEL OFFICE)

The Military Personnel Office is located in Bldg. 213, 5815 20th Street, South Post. The staff duty number is 805-3101. In/Out-processing, ID cards, Finance, Health Risk Assessment and general (local) information can be accomplished there. The hours for in processing and out processing and identification cards/DEERS enrollment are 9 a.m. to 7 p.m. Mondays, Thursdays and Fridays, 1 to 4 p.m. Tuesdays and 9 a.m. to 7 p.m. Wednesdays for ID Cards/DEERS enrollment and 9 a.m. to 4 p.m. Mondays, Wednesdays, Thursdays and Fridays and 1 to 4 p.m. Tuesdays for in- and out-processing. Vehicle Registration is located at Military Police, Bldg. 1131, 806-3105.

AMERICAN RED CROSS

The Fort Belvoir American Red Cross Office is centrally located in Bldg. 1161, 9716 Middleton Road. Duty hours are 0800-1600, Monday through Friday and the phone number is 805-2057.

Services available to service members and their families include verification for emergency leave decisions, financial assistance for emergency leave and other emergency needs, and emergency communication services. The Red Cross has an active blood program open to the community. The blood mobile is set up every third Wednesday and Friday from 0900-1300 in the Sosa Ballroom. Classes in CPR, First Aid, Baby Sitting, and Water Safety are offered on a regular basis to the Fort Belvoir community.

Red Cross volunteer opportunities include working at DeWitt Army Community Hospital, the dental clinic, on bloodmobiles, as safety, nursing, and health instructors and casework volunteers.

For more information on the above, call the Office of the Station Manager, 805-2057, during duty hours.

For emergencies, after duty hours, weekends, and holidays, call the Red Cross Armed Forces Emergency Service Center toll free at 1-877-272-7337.

ARMY CAREER AND ALUMNI PROGRAM (ACAP)

The Army Career and Alumni Program (ACAP) is a full range transition program that provides to all transitioning service members, government civilians and their family members.

ACAP counselors are trained Career Counselors who provide Personnel transition, coaching, and job search assistance to all clients. ACAP offers several workshops and seminars on a resume, writing cover letters, networking, interviewing techniques, and researching the job market. ACAP Resource Center has numerous job search resources including job listing databases with several thousand jobs nationwide; full Internet access; federal job search library. ACAP assists all separating members of the Armed Forces, with briefings on the mandatory Pre-separation Counseling Checklist (DD Form 2648). This checklist must be completed 90 days prior to separation.

BANK

The Fort Belvoir Federal Credit Union is a full service financial institution with three branches: Fort Belvoir Branch Office, Bldg. 1195, 13th Street and Gunston Road, hours open: 0900-1700, Monday through Thursday, Friday, 0900-1800 and Saturdays, 0900-1300; Woodbridge Operations Center and Branch Office, 14040 Central Loop, off the Prince William County Parkway in Woodbridge. Lobby hours: Monday through Thursday, 0900-1700, Friday, 0900-1800 and Saturday, 0900-1300; Automatic teller available for 24 hour banking at branch office and in the main PX Office. The telephone number is 551-0001 or 0730-1800. Toll free is 1-800-356-6063.

The Crestar Bank 24 hours stop is available.

OFFICIAL TRAVEL www.offdutytravel.com

There are four locations on Fort Belvoir to serve customers on official travel:

Main Office, (Official Travel) Bldg. 714, 9900 Dalrymple Rd., 799-5680;

RD&E Office, (Official Travel) Bldg. 321, Room 1A, 799-3600;

DLA Office, (Official and Leisure Travel) 8725 John J. Kingman, Room 1549, 767-8148;

INSCOM Nolan Bldg., (Official and Leisure Travel) 8825 Beulah Road, 360-0900;

CIVILIAN WELFARE FUND

The Civilian Welfare Fund Council (CWF) is a Morale and Welfare Organization in support of the Fort Belvoir civilian community. The CWF council coordinates activities and 4 to 5 group trips per year. Picnic and sports equipment is available on a loan basis. The office is located on North Post at 6095 Goethals Road, Bldg 1916. Hours of operation are 0900 -1300 hours, Monday through Friday. Call 781-8785 for more information.

COMMISSARY www.commissaries.com

Fort Belvoir Commissary is located on the North Post in Bldg. 2302, 6020 Gorgas Road. The number one Department of Defense Commissary, world wide, is open seven (7) days per week for the best customer shopping convenience. Renovations have included an improved deli and bakery, fish market, new patron restrooms, additional shopping aisles and registers. Electronic mobile carts are available for disabled persons.

HOURS:	Sunday	0900 to 1600
	Monday	1100 to 2100
	Tuesday-Friday	0900 to 2100
	Saturday	0800 to 1900

TELEPHONE:

Recorded Hours	806-6103
Customer Service	781-0536/6674
Commissary Officer	806-6371

DENTAL CARE

Dental care is provided to active duty personnel. If you have questions, or wish to make an appointment, please contact Logan Dental Clinic, 806-4392/ 4393.

DEWITT ARMY HEALTH CARE SYSTEM (DAHCS)

The DAHCS operates four government-owned community based Family Health Care Centers in Northern Virginia. The DAHCS Family Health Care Centers are located in Woodbridge, and Fairfax, and on the installations of Fort Belvoir, and Fort Myer. These clinics offer the following services on-site: Pharmacy, laboratory, radiology, mental health, women's and children's' health. Health care is provided by a combination of military and civilian providers. Service members, retirees and their family members are assigned to a multidisciplinary primary care team consisting of family practitioners,

internists, pediatricians, physician's assistants and nurse practitioners.

Access to the Family Health Care Centers system is on an appointment basis. Same day appointments are set aside for urgent care needs. Hours of operation are:

0700 to 2000, Monday through Friday

0700 to 1400, Saturday, Sunday and Federal Holidays

0700 to 0800, Walk-in Active Duty Sick Call

Minors (children under age 18) must have their legal guardians or parents consent prior to receiving medical care.

PRIMUS PLUS locations and telephone numbers:

DEWITT FAMILY HEALTH CENTER
CLINIC

9501 Farrell Road
Fort Belvoir, VA 22060
(703) 805-0612 - Appts
(703) 805-0510 - Info

FAMILY HEALTH CENTER of FAIRFAX
WOODBIDGE

2740 Prosperity Ave
Fairfax, VA 22031
(703) 846-9503 - Appts
(703) 849-8191 - Info

ANDREW RADER U.S.ARMY HEALTH

401 Carpenter Road (Bldg 525)
Fort Myer, VA 22211-1199
(703) 696-3447/3467

FAMILY HEALTH CENTER OF

1549 Old Bridge Road
Woodbridge, VA 22192
(703) 550-2671
(703) 491-7668

There is also a primary care clinic run by the Navy at Quantico:

Quantico Primary Care
2200 Lester Street
Quantico, VA 22134-6050
(703) 784-2525/1700

Active Duty Sick Call is available on walk-in basis, 0700-0800, Monday through Friday.

ALL PATIENTS seen must be enrolled in DEERS (Defense Eligibility Enrollment Reporting System), patients 10 and under must be accompanied by a parent, guardian, or any adult with a Medical Power of Attorney.

For everyone's health and safety, you may bring only children with appointments to our hospital. For information about the Child Development Hourly Center, Bldg. 1028, call 806-4118.

The EMERGENCY TREATMENT ROOM (ETR) is open 24 hours daily to care for patients with LIFE AND LIMB THREATENING EMERGENCIES. The order in which patients are seen in the ETR is based on two criteria. First and most important is the severity of the illness of the patient and second is the time of arrival. The phone is 805-0414.

The EXTENDED CARE CLINIC (805-0912) is open from 0800-2300, Monday through Friday and from 0900-2100 on weekends and holidays for CHAMPUS ELIGIBLE PATIENTS ONLY. The clinic is open to both adult and pediatric patients and is part of our CHAMPUS Partnership Program.

Ambulance Service on Post: 805-0166 Off Post : Dial 911

(Patients transported to civilian hospitals are responsible for bills not covered under CHAMPUS, MEDICARE, private insurance, etc.)

For telephone numbers for the specialty clinics, please call the Main Information desk at 805-0510.

Consults/Referrals are required by most specialty clinics. Your Primary Care Physician can provide these referrals when necessary. Due to the large beneficiary population in Northern Virginia, appointments to specialty clinics may be more expedient by utilizing one of the tertiary care facilities. For appointment information, please contact Walter Reed Army Medical Center at (800)-433-3574 or (202)-782-7761, Bethesda Naval Medical Center at (301)-295-4611, and Malcolm Grove Medical Center at (301)-981-7511.

TriCare Northeast was slated to be implemented June 1998. For information, call the 805-0058/0537. The Walter Reed Shuttle Bus leaves from Dewitt Army Hospital twice a day Monday-Friday with the following hours

Departs from Dewitt Army Hospital at 0815 and 11:45 with arrival times to Walter Reed at 0940 and 1300. The shuttle bus also departs from Walter Reed at 10:30 and 15:00 and arrives at Dewitt Army Hospital at 15:00 and 16:25.

EDUCATION

Army Education Center provides a wide range of educational opportunities, both academic and non-academic. The Army Learning Center has audiovisual playback units, individual and group study areas, training aids, and a language lab. Call 805-9264 for information.

The MOS Library provides reference materials to support professional development. Services provided include an extensive amount of MOS study materials, Training Extension Courses (TEC) and Military Correspondence Courses.

A wide variety of tests are administered at the Testing Center, providing individuals the opportunity to demonstrate

their proficiency, explore abilities and interests, and earn a GED, college credits and promotion points. Instructional programs are available from the basic skills level through the graduate degree level. Northern Virginia Community College, University of Maryland, Old Dominion University, Central Michigan, Troy State, Park State, and Strayer College provide programs of instruction on the installation.

Counseling services are available on a walk-in basis. Counselors are readily available to help soldiers select programs of study, enroll in classes, schedule testing, request credit for prior learning experience, and gain admission to the colleges of their choice. Information is also provided on financial programs such as VA benefits, tuition assistance, and financial aid. The Army Education Center is located at 9625 Belvoir Road Bldg 1017.

The hours of operation are from 0730-1630, Monday through Friday. Call 805-9264 for more information. The Learning Center hours of operation are Monday through Friday, 0730-1600 and it can be reached at 805-9255.

FITNESS CENTERS

The BODY SHOP offers state-of-the-art equipment and specialized programs customized to meet your fitness needs. The center is open Monday through Friday from 0530-2030 and Saturdays and Sundays from 0900-1700. It is located behind Van Noy Library. For more information, call 806-3100.

The GRAVES FITNESS CENTER offers 5 racquetball courts, a basketball court, cybex equipment and free weights, steam room and sauna, stationary bicycles, treadmills and aerobics classes. The center is open Monday through Friday from 0530-2030 and Saturdays and Sundays from 0900-1700 and is located at 2116 Abbot Rd., across from Wood Theater. For more information, call 806-5368.

HOUSEHOLD GOODS AND BAGGAGE

The Fort Belvoir Transportation Office, which is in Bldg. 1466, corner of 5th and Gunston Road handles paperwork for outgoing household goods shipments. The Joint Personal Property Shipping Office (JPPSO), 806-4900 or 800 762-7186 handles all applications for shipment and storage of personal property. The JPPSO also processes applications for delivery out of non-temporary storage for personnel returning from overseas assignments.

COMMUNITY HOMEFINDING RELOCATION AND REFERRAL SERVICES (CHRRS)

A Department of Defense directive requires that military personnel process through a CHRRS Housing Office before entering into any rental or sales agreement. Assistance will be given in locating suitable off-post housing. The Housing Office is located in Bldg. 213, 20th Street. Office hours are from 0730-1600, Monday, through Friday, 0800-1600.

The number of housing facilities located in this area is quite extensive. Listings of all apartments in the Washington Metropolitan Area are maintained at this office as well as houses for sale or rent in a computer data called HOMES. Statements of non-availability are not necessary for CONUS PCS moves.

Call 805-2914 for additional information.

Housing facilities are usually subject to one-year leases with additional charges for shorter-term leases.

Security deposits range from \$250 to one month's rent.

Personal checks are not normally accepted as payment.

Rental furniture is readily available. The approximate cost for an unfurnished one-bedroom apartment is \$650 per month. The majority of apartments will not accept pets; where accepted, there is a 20 pound limitation and an extra charge per month.

Despite the many apartments in the area, vacancies are not always immediately available. Therefore, you should be prepared to locate temporary housing during that period. Motels are numerous but they will cost \$50.00 and up per day for double occupancy.

Mobile Home Parks: Although there are mobile home parks in the area, there are few vacancies and a waiting list of one to two years. It is advisable not to ship your mobile home until you have confirmation of a parking site.

Requests for additional information concerning off-post housing matters call 805-2914 or DSN 655-2914 address inquiries to the following:

Directorate of Installation Services (DIS)

9430 Jackson Loop, Suite 107

(ATTN: Family Housing Office)

Fort Belvoir, Virginia 22060-5130

Temporary Housing

Community Housing Relocation Referral Services (CHRRS) is located at the outside entrance, Bldg. 213, room 107 (top of handicap ramp). Information on daily, weekly and monthly rentals, short-term (30 days-120 days) and long

term housing options is available. The cost can range from \$800-\$2000.

PCS Express (House)

PCS House Express is a computerized data bank with an overview of housing information, set-a-side programs, local basic allowance for housing and more. Office hours are Monday through Friday, 7:30 a.m. to 4:00 p.m. Call (703) 805-2914 or visit the web site at www.155.75.104.15/pcsfirst/htm for more information.

LEGAL ASSISTANCE

A free benefit provided to active duty military personnel of all the services, retirees, and their dependents. Legal services are provided on a confidential basis concerning personal civil (non criminal) matters.

Typical areas include, but are not limited to, contracts, consumer affairs, preparation of wills, probate, adoption, change of names, living wills, divorce, medical powers of attorney, separation/property settlement agreements, landlord-tenant disputes, electronic tax filing, reports of survey, line of duty determinations, physical disability determinations, bills of sale, nonsupport of dependents, and income taxes to include electronic tax filing.

Free Notary services are also provided. Legal advice is not provided over the telephone. Clients must appear in person and possess a valid Uniformed Services Identification Card. Services are available by:

- (1) WALK IN BASIS ONLY for Powers of Attorney and Notary Services, Monday through Friday, 0800-1530.
- (2) ALL OTHER SERVICES EXCEPT GENUINE EMERGENCIES are by appointment at 805-4018. The Legal Assistance Office is located at the corner of 23rd Street and Belvoir Road, South Post. Adequate parking is available.
- (3) CLAIMS for damage or loss of personal property due to shipment or other causes related to the military may be filed with the Claims Branch in the same building. For additional information, call (703) 805-4159/4031.

PACKAGE STORE (CLASS VI)

Package Store is located in the gas station on North Post, at the corner of Gunston and Gorgas Rd. It is open Monday-Thursday 0600-2200, Friday -Saturday 0700-2300, Sunday 0700-2000. The telephone number is 806-5263. A mini package store is located in the Shoppette Mini Class Six Store. Hours are Monday through Friday, 0700- 2100,

and Saturdays 0800-2100, and Sundays 0900-2000. Call 805-5154 for information.

POST EXCHANGE (PX) SYSTEM

The Main PX is a very large mini mall of special shops and is located next to the Commissary at Bldg. 2303, 6050 Gorgas Road, North Post. The telephone number is 806-5800/01. The mini mall has several concessions: barber and beauty shops, dry cleaners, optical shop, framing, flower shop, art gallery, Carson Travel, refill pharmacy, cellular phones, nutrition center, and leather store. The Shopette is located in Bldg. 1155, phone 805-5154. The Post Service Station is located in Bldg. 1197, phone 806-4581/2. The new Home and Garden Center is located in the old Exchange, Building 1189, 9625 Middleton Rd., 805-4631, and features hardware, pet supplies, toys, garden supplies and tools, sporting goods, furniture, major appliances, and gourmet items.

PROVOST MARSHAL

The Provost Marshal's Office and the Military Police Station are located at Bldg. 1131, 9650 Theote Rd., telephone 806-3105/6. If you need assistance, call the Desk Sergeant at 806-3104 **for emergencies**. Persons with towed vehicles may contact the Traffic Section at 806-4278. Vehicle registration is located in Bldg 213, off 20th Street, and weapons' registration is conducted in the administrative section, Bldg. 1131, telephone 806-3787.

RELIGIOUS FACILITIES

The Fort Belvoir Chapel Unit Ministry Team consists of four Chaplains, eight Chaplain Assistants, four Directors of Religious Education, one Administrative Officer, and many volunteers who work to support the needs of the community. Fort Belvoir presently uses four chapels to serve the Protestant, Catholic, and Jewish, Pentecostal, and Islamic distinctive faith groups. The spiritual outreach program includes weekly youth activities, retreats, trips, and projects; Catholic Women of the Chapel (CWOC); Protestant Women of the Chapel (PWOC); Gospel Worship Service; Islamic Prayer Services; numerous Bible studies; retreats; picnics; fellowship groups. The Family Life Center provides counseling and educational programs for couples, parents, and families. A schedule of all worship services and religious activities is

carried in the *Post Bulletin*, the post newspaper, the *Belvoir Eagle*, and in the Post Chapel newsletters. A chaplain is available 24 hours a day to aid in any need or emergency and may be reached during duty hours at 806-4316, or after duty hours through the Military Police Desk Sergeant at 806-3104.

SCHOOLS

The new Fort Belvoir Elementary School, (703) 781-2700 or FAX 781-2797, is a Fairfax County School. It is located at 5970 Meeres Road on the north side of post near the Commissary. The school enrollment is 1300+ students from kindergarten through sixth grade. New students in grades 7-8 will attend Walt Whitman Middle School located at 2500 Parker's Lane Alexandria Virginia (703) 660-2400. New students in grades 9-12 will attend Mount Vernon High School, 8515 Old Mount Vernon Road, Alexandria, Virginia, 22309, (703) 619-3100 or FAX (703) 619-3197. Student activities call (703) 619-3140/42.

Prior to enrollment in the Fairfax County School system for the first time, a child must present a valid birth certificate and have a completed physical examination (copy available). Virginia State Law requires that all children attending a public school in the state must have up-to-date documentation (immunization record) of the dates students received vaccinations or inoculations against diphtheria, whooping cough (pertussis), tetanus, polio, rubella (red measles), rubella (German measles), and mumps. This requirement is in effect regardless of the student's age.

Parents desiring information on other educational services or special programs dealing with the physically handicapped, emotionally disturbed, mentally retarded, programs for the gifted, or other non-categorical learning disabilities are urged to contact the local schools or Area I office of the Fairfax County School system at (703) 246-2502. For additional information, call the School Liaison Officer at 703-805-2277.

TEMPORARY QUARTERS AND MEALS

A limited number of quarters are available to military personnel and their dependents while waiting quarters at Fort Belvoir. Reservations may be made in advance by calling or writing the Transient Housing and Billeting Branch, Bldg. 470, Gaillard Road (Knadle Hall), Fort Belvoir, 22060. Occupancy of these guest facilities is

normally limited to 10 days for PCS moves. The phone number is (703) 805-2333/2307 or (800) 295-9750. A Shuttle runs Mondays-Fridays from 1600-1900 to the PX and Commissary Complex on North Post. Incoming military and their dependents may utilize the Consolidated Dining Facility, Bldg. 1822, North Post, for a period of 14 days while traveling on official orders. Orders must be available and the 14 days begin with the first day of orders assigning to Fort Belvoir.

THRIFT SHOP

The purpose of the Thrift Shop is two-fold: It provides military an outlet in which to sell used clothing, furniture, toys, and home crafts, etc., as well as buy needed items at a considerable savings. It also provides funds to support Fort Belvoir activities such as Youth Services, SFSC, Red Cross, Scholarship Fund, and others. Visit the Thrift Shop - become a customer, consignor, or volunteer worker. The Thrift Shop, the Kiddie Castle Annex and Ladies and Linens are located at 5919 16th Street, and are open Tuesday through Thursday, 0900-1400, and the first and third Saturday of each month from 0900-1400 for sales. Consignments are accepted 0900-1100. For more information, call (703) 360-3160. The Calico Castle Gift Shop has fun and exciting unique gifts for all occasions. Call (703) 360-1379.

TRAVEL (Buses)

The Motor Pool Office operates the post shuttle bus on weekends. The post shuttle bus runs Saturdays 0930-1730 and Sundays 1030-1830. Persons may ride a post taxi for official business. For information, telephone 805-2302. Metrobus, Washington, DC's commercial bus service crosses Fort Belvoir approximately every 15-30 minutes. This bus stops at Mount Vernon, in commercial areas, and into downtown Washington. Bus schedules are available at the SFSC Center or Information Ticketing and Registration (ITR) Office, or the Sosa Community Center.

TRICARE 1-888-999-5195

TRICARE is the new Department of Health benefit program. The National Capital Area, including Northern Virginia, is part of TRICARE Northeast Region. Enrollment for TRICARE Prime, the only option requiring enrollment, will begin approximately 30-60 days prior to implementation. Contact the Service Center at Dewitt Army Community

Hospital for current TRICARE information. For more information call 1-888-333-4522
Web sites with helpful information: www.osd.mil.

TRICARE Family Member Dental Plan (TFMDP)

The TRICARE Family Member Dental Plan (TFMDP) is a comprehensive and affordable dental plan available to eligible spouses and children of active duty Uniformed Service members. The TFMDP has cost shares, benefit maximums and coverage limitations similar to typical group dental insurance plans. To be eligible for TFMDP enrollment, sponsors must intend to remain on active duty for at least 24 months and this commitment must be confirmed by their parent Uniformed Service. Enrollment and/or changes to enrollment can be accomplished by filling out a DD Form 2494 or 2494-1 at the sponsor's servicing personnel office. Please read these forms carefully as they provide detailed information on enrollment options, limitations and when TFMDP coverage begins. Upon enrollment, the sponsor must pay the monthly premium through their Uniformed Services payroll account - the Government pays 60% of monthly premiums. Before providing care to family members, some dental providers may ask to see a copy of the sponsor's Leave and Earnings Statement showing the dental plan payroll deduction. Coverage is worldwide and portable between assignments. United Concordia Companies, Inc. (UCCI) administers the TFMDP. Detailed TFMDP coverage and enrollment information can be found in the TFMDP benefit booklet. For more information about the program, visit UCCI's web site or contact them at 1-800-866-8499 for information on the TFMDP in The United States, Canada, Guam, Puerto Rico and the U.S. Virgin Islands, or 1-717-975-5017 (toll call) for information on the TFMDP IN all other locations. In overseas locations, enrolled sponsors and family members must contact their servicing overseas dental treatment facility and/or overseas Lead Agent before seeking treatment from host-nation dental providers, except for emergency care.

Web Address ([http://](http://www.ucci.com)) <http://www.ucci.com>

VETERINARY SERVICES

All animals are seen by appointment only! Clients may call for an appointment at 805-4336. Hours of operation are Monday-Friday, 0800-1200 and 1300-1530. The clinic is closed the last working day of each month. Routine services include vaccinations of dogs and cats, heartworm

testing, feline leukemia virus testing, stool exams, and health certification. Zoonotic diseases, diseases common to man and animals, can be treated at the facility. Other conditions are referred to local veterinarians. There is a user's fee of \$2.00 added to the total cost of every cash transaction as required by the Treasury Department.

PART THREE

FORT BELVOIR QUICK TELEPHONE DIRECTORY

INFORMATION (MDW) (area code 703)	545-6700 DSN 227-0101
EMERGENCY ON POST MILITARY POLICE	806-3104 or 104
AG/ MILITARY PERSONNEL - Bldg 213	
Staff Duty/ Customer Service	805-3101
In/Out processing	805-4330/3737
ID Cards	805-3101/4428/4429
Finance	805-4443/4445
Health Risk Assessment	805-3009
Vehicle Registration (Bldg 1131) (Military Police)	805-3104
Levy Brief/Overseas	805-5538
ALCOHOL & DRUG ABUSE COMMUNITY COUNSELING CTR	805-5991
AMBULANCE	106 (on post)
Fire Department	805-1106/806-1107
ARMY CAREER AND ALUMNI PROGRAM (ACAP) Bldg. 9625/1017, RM 158	805- 9247
SFSC /ACS Bldg. 1001	805-4590
-ARMY EMERGENCY RELIEF (AER) Bldg. 1001	805-5056
- /FINANCIAL READINESS (CRP)	805-2606
-COUNSELING CENTER Bldg 1153	805-5991
-EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)	805-2967
Registration (EFMP)	805-0663
-EMPLOYMENT READINESS PROGRAM (ERP)	805-2605
-FAMILY ADVOCACY (FAP)	805-3980
Victim Advocate	805-2693
-FAMILY SERVICES PROGRAM (ACS)	805-3436
Information & Referral	805-3413
Relocation Readiness Program (RRP)	805-5058
IVC	805-4152

FINANCE	805-4444/2501
ACS FORT MYER	696-3510
AER FORT MYER	696-8463/8467
QUANTICO NAVY RELIEF	DSN 278 -2659 784-2659
AER SCHOLARSHIP INFO	(703) 428-0035/0034
ARMY FAMILY TEAM BUILDING (AFTB) Bldg 1153	805-5555/3436
ARTS & CRAFTS & AUTO SHOP	806-4143
BARBER SHOP	799-4975
BEAUTY SHOP	780-6600
LODGING RESERVATIONS	805-2333/2307
Out of State	
Customer Service	805-4027
BOSS PROGRAM	805-5225/3417
BOWLING CENTER	360-7171
CALICO CASTLE GIFT SHOP	360-1379
OFFICIAL TRAVEL	799-5680
CABLE (On Post)	690-3365
CHAMPUS	805-0644/0073
CHAPEL INFORMATION	806-4316/4317
Family Life Center	805-2742/2740
CHILD & YOUTH SERVICES (CYS)	
CYS Coordinator	805-2318
Registration	805-4118
(South)	806-4344/4347
(North)	806-5098/6540

Markham School-Effie Doyle	805-3013
CIVILIAN PERSONNEL	
Job Information	704-3032/704-3013
Benefits	704-3013
External Recruitment	704-3003
NAF (Chief)	805-2311
Disability Section	805-4998
CIVILIAN WELFARE FUND	781-8785
CLOTHING SALES	805-2411/2574
COMMISSARY	806-6371/5372/6672
Hours (recording)	806-6103
Customer Service	781-0536
Bakery/Deli	806-6628
CRESTAR BANK	838-3384/3381
CREDIT UNION	551-0001/730-1800
DEERS PROGRAM	805-3405
LOGAN DENTAL CLINIC	806-4392
DEWITT PRIMARY PLUS CLINIC (Information)	805-0510
Appointments	805-0612
Clinic information	805-0045
Wellness (Gloria Dean)	805-0146
Surgical Clinic	805-0606
EDUCATION CENTER	805-9264
Learning Center	805-9255
EQUAL EMPLOYMENT OPPORTUNITY (EEO)	805-2288
EMERGENCY ROOM (DEWITT)	805-0414/0518
ENLISTED CLUB	780-0962
FAMILY LIFE CENTER	805-2742

FIRE	
Non-emergency	806-6911/12/13/14
Emergency on post	805-1107/1074
Emergency off post	781-1800/1822
FITNESS CENTERS	
Body Shop	806-3100
Graves Gym	806-5368
GAS STATION	806-4581
GOLF FACILITY (North Post)	806-6016
(South Post)	806-4043
Tee Time Reservations	806-5892
PASSENGER TRAVEL/PORT CALL	805-2540/2714
Inbound/Outbound (JPSSO) Bldg 1466	806-4900
Out of state	800 762-7186
Claims	805-4031
JPSSO DSN	656-4900
HOUSING (FAMILY)	805-4451
Off Post	805-2914
Service Order	806-3109
DIS Customer Service	806-4983/3182
HOUSING SELF HELP	805-3519
ID CARDS	805-3405/4428
DEERS Program	805-3101
INDOOR POOL	805-2620
INSPECTOR GENERAL (IG)	806-0088
LEGAL ASSISTANCE	
Bldg 257, 23 St.	805-4018
LEARNING CENTER	806-3113
LIBRARY	806-3323
MARINA	805-3745

MENTAL HEALTH

Adult	805-0110
CAPS (Child Psychology)	805-0550

MILITARY PERSONNEL AG -Bldg 213

CUSTOMER SERVICES	805-3101
IN/OUT PROCESSING	805-3737
ID CARDS	805- 4428

MILITARY POLICE **Emergency**

MP Desk	806-3104 (on post) 806-3105/06
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MILITARY POST LOCATOR (Ft. Belvoir)	805-2043
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COMMUNITY CLUB (NCO CLUB)	780-0962
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OFFICERS CLUB	780-0930
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OFFICIAL TRAVEL (Carlson)	799-5680
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OUTDOOR RECREATION	805-5396
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OUTPROCESSING	805-3737
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OCCUPATIONAL HEALTH	805-0443
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PACKAGE STORE (CLASS VI)	806-5263
Mini Class VI (Shoppette)	805-5154

PHARMACY ANNEX (Main PX Mall)	806-5538
Refills-24 hrs	805-0470

POST EXCHANGE	806-5800/01/02/03
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AAFES (Main store)	806-5800/5443
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Dry Cleaners	780-0088
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Home and Garden	805-4631/19
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Optical Shop	781-7047
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Shoppette	805-5154
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Flower Shop	360-0537
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Military Clothing Sales	805-2411
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Auto Care Shop	806-4581
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Class Six Store	806-5263
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POST OFFICE	781-7734/7735
Military	805-2043
PRIMUS PLUS CLINICS:	
DeWitt Family Health Care	(703) 805-0612
Family Health Center of Fairfax	(703) 846-9503
Family Health Center of Woodbridge	(703) 550-2671
Andrew Rader Health Clinic	(703) 696-3447
Quantico Primary Care	(703) 784-1699
Kimbrough Naval Medical Center	(301) 677-8982
National Naval Medical Center	(301) 295-4611
PHOTO LAB	
Official Passport -Bldg 213	805-2945 805-5538
POST RE-ENLISTMENT	
INSCOM	806-6345
Hospital	805-0925
CID	806-0420
PROVOST MARSHAL	806-4024
PUBLIC AFFAIRS	805-5001/2402
RED CROSS	
Non-Duty Hours	805-2057/2059 (202) 728-6499
RELOCATION PROGRAM (ACS)	
SITES	805-5058
Lending Closet	805-5058
RETIREMENT SERVICES	
Pay Questions	805-3682/2675 1-800-321-1080
SCHOOLS	
School Liaison Officer	805-2277
Ft. Belvoir Elementary	781-2700
Walt Whitman Middle (Off post)	660-2400
Hayfield Middle/High (Off post)	924-7400
Mt. Vernon High School (Off post)	619-3100
Fairfax County Dept. Human Resource	750-8540
SELF HELP	805-3519

16th St. bldg.1108

SOCIAL WORK SERVICES 805-0488/0561

SUBSTANCE ABUSE

Fort Belvoir 805-5991

Fort Myer 696-3900

SOSA COMMUNITY CENTER 805-3714

MWR/ITR Information

SPECKER FIELD HOUSE 806-3057

STORAGE (OUTDOOR REC) 805-3781

SAFETY BUILDING 806-3270

SWIMMING POOL (INDOOR) 805-2620

TAXI 781-7040

THEATER (Woods) 806-5237

THRIFT SHOP Bldg. 238 on 16th St. 360-3160

Children/Ladies Dept. 360-1379

TRANSPORTATION

Official/Motor Pool (On Post) 805-5010/2280

SHARE PROGRAM-Bldg 1001 805-5056

Ft Myer/USO 696-2552

USO FORT BELVOIR- SHARON REYNOLDS 805-2464

VETERINARIAN 805-4336

VISITOR CENTER 805-0020

VOLUNTEER COORDINATOR (POST) 805-4152

WELL WOMEN'S CLINIC 805-0313

WELLS FIELD HOUSE 806-5093

WALTER REED ARMY MEDICAL CENTER

(202) 782-7761/6114
1-800 433-3574/782-1150

PART FOUR

USEFUL FAIRFAX COUNTY TELEPHONE NUMBERS

EMERGENCY CALLS ONLY :

FIRE AND AMBULANCE 911
POLICE (TO REPORT A CRIME/ACCIDENT) 911

ALCOHOL TREATMENT CENTER 359-7040/934-5476

ANIMAL CONTROL 830-3310

CITIZEN ASSISTANCE INFORMATION 324-3185

CONSUMER CREDIT COUNSELING (800) 747-4222

CONSUMER AFFAIRS 222-8435

DAY CARE INFORMATION & REFERRAL 449-8484

DRUG ABUSE CENTER 359-7040

EMPLOYMENT INFORMATION 324-5627
222-5878

EX-POSE 941-5844

FAMILY DAY CARE SERVICES

Office For Children 324-8100

HOSPITALS:

Alexandria 504-3008/3009
Fairfax 698-1110
Mt. Vernon 664-7000
Walter Reed (202) 782-3501
(800) 433-3574

HUMAN SERVICES

Information and Referral 222-3582/0880
Alexandria 838-0700
Fairfax 324-7500
Fort Belvoir Area-IMP Bldg. 799-8400

LORTON LIBRARY	(703) 339-7385
POISON CONTROL (Northern Virginia)	(202) 625-3333
REFUSE SERVICE	550-3481/802-3322
SCHOOL GENERAL INFORMATION	246-2502
SCHOOL BOUNDARIES	246-2111
Area I	329-2500
Area II	246-8100
Area III	204-3800
SCHOOL AGE CHILD CARE	
Administration	449-1414
Registration	449-8989
SHERIFF	246-3227
SOCIAL SECURITY	800-772-1213
DEPT. OF INFO TECH (DIT)	324-2000
VEHICLE REGISTRATION AND LICENSE	761-4655/222-8234
VICTIM ASSISTANCE NETWORK	360-7273
WOMEN, INFANT & CHILDREN FOOD PROGRAM (WIC)	1-888-942-3663
Alexandria	838-4879
517 N. Asaph St.	
Mt. Vernon (Ft. Belvoir)	660-7100
6301 Richmond Hwy.	

USEFUL PRINCE WILLIAM COUNTY TELEPHONE NUMBERS

AREA CODE 703

ACTION IN COMMUNITY THROUGH SERVICE (ACTS)	221-3186
ACTS HELPLINE	368-4141
ADOPTION INFORMATION	1-800-DO ADOPT
AREA AGENCY ON AGING (AAA)	792-6400
DOMESTIC VIOLENCE (ACTS TURNING POINT)	221-4951
FIRE	911
NON EMERGENCY FOR POLICE/ FIRE/AMBULANCE	792-6810
HOSPITAL	
Potomac (Woodbridge)	670-1313
Prince William (Manassas)	369-8000
POLICE DEPARTMENTS	
Manassas & Woodbridge	792-6500
Quantico	784-2251
PRINCE WILLIAM COUNTY INFORMATION	792-7437/4636
Social Services	792-7500
Quantico	784-2681/2683
PRINCE WILLIAM COUNTY SCHOOL	791-8700
QUANTICO COMMUNITY SERVICE CENTER	784-2659/DSN 278
RED CROSS	368-4511
CRISIS LINE 24 HOURS	221-4951
SOCIAL SERVICES	
Manassas	792-7500
Woodbridge	792-4300
SUBSTANCE ABUSE	792-7800/4900

VEHICLE REGISTRATION & LICENSE	761-4655
WOMEN, INFANT & CHILDREN FOOD PROGRAM (WIC)	792-7319/4103
TAX OFFICE (PWC)	792-6730

USEFUL RAPPAHANNOCK AREA TELEPHONE NUMBERS

RAPPAHANNOCK AREA INFORMATION

Stafford, Caroline, King George, Westmoreland, Orange,
Culpepper, Fauquier, Spotsylvania/Fredericksburg Area

Information Social Service-Fredericksburg City	540-372-1032
Stafford	540-658-8720
Spotsylvania	540-582-7065
King George	540-775-3544
Northern Virginia Regional Office	540-347-6300
Agency on Aging	540-371-3375
	1-800-262-4012
Red Cross	540-373-5176
Spotsylvania Schools	540-898-6032
Mary Washington Hospital	540-899-1100
Library	540-372-1144
Fredericksburg Food Bank	540-371-7666